



## Issue Number 168 June 2026

Join us at Carlton Pentecostal Church on Thursday 18 June 2026, from 10.30am to 12.30pm, for a fun and friendly Summer Social in the Main Hall and Café Area.

Whether you enjoy lively discussion or a more relaxed morning with friends, there is something for everyone. **Choose between taking part in an exciting mock retrieval or enjoying cards and board games in a welcoming social setting.**

[Tap for more information about our Summer social here](#)

### **Apologies for the sparse Newsletter this month, but we currently have no editor**

If you have computer skills, and think you might be able to assist us, and contribute to our volunteer-run u3a, please get in touch with any member of our committee. You don't need to have worked in publishing!

### **Our General Meeting in July will be our AGM**

If you are interested in finding more about our committee, and what's involved in joining it, then committee members will have a table at the June Social. We will be around to answer queries, and discuss any ideas members might have.

### **Tap for updates from your Groups this month:-**

[5 Miles and a Cup of Tea: Rockley Memorial Park](#)

[Birdwatching: Netherfield Lagoons](#)

[Book Group: Alan Sillitoe](#)

[Book group: Lost Girls of Paris](#)

[Discussion Group: Free Speech](#)

[History Study: English Heritage sites & Historic Hobbies](#)

[Local History: visit to Nottingham Forest F.C.](#)

[Science & Technology: Role of colours in Medicine](#)

[Speaker report on Criminal Justice System](#)

[Striders Walk in the Derbyshire Dales](#)

[Theatre Visits: Pick up Tickets and Reviews](#)

[Trips and Visits: Bletchley Park](#)

[Wild Weekenders: Barge trip on the River Soar](#)

[Wine Tasting: Wines of South Africa](#)

Many thanks to Graeme Bunting, Helen Davies and John Preston for their help with the newsletter.

Sue Warren

Diary : JUNE 2026					
Date	Time	Group	Meet at	Contact	
15 Mon	10:00	French Conversation	Mapperley Golf Club	Annabell 07900 067 144	
15 Mon	10:00	Table Tennis	Netherfield Forum	Andrea 07527 090 324	
15 Mon	14:00	Art Appreciation	A member's house	Christine 0115 953 6725	
15 Mon	14:00	Tai Chi	Colwick Community Centre	Jan 07496 999 808	
16 Tue	10:30	Local History	Nottingham Arboretum	Andy 07753 287 562	
16 Tue	14:00	Rummikub	The Gedling Inn	Lynne 07771 801 957	
17 Wed	10:00	Ukulele	St Georges Centre	Richard 07514 212 134	
17 Wed	12:00	Grouchy Girls	The Willowbrook	Jennifer 07906 735 885	
17 Wed	14:00	Bonsai Improvers	A member's house	Paul 07305 071 206	
17 Wed	14:00	Bridge	The Gedling Inn	Anne 07969 459 767	
17 Wed	14:00	Walk Fit - To Music	St Georges Centre	Sandra 07826 039 733	
18 Thu	10:30	General Meeting	Carlton Pentecostal Church	Mark 07826 629 063	
19 Fri	09:45	Singing for Pleasure	St Georges Centre	Sheila 07703 755 906	
19 Fri	10:00	Drama	Carlton Fire Station	Jane 07825 775 213	
19 Fri	14:00	Canasta	The Gedling Inn	Lynne 07771 801 957	
19 Fri	15:00	Ale, Lager and Cider tasting		Richard 07514 212 134	
22 Mon	10:00	French for Fun	Mapperley Golf Club	Brian 07724 801 115	
22 Mon	10:00	Sewing	Carlton Fire Station	Susan 07708 471 023	
22 Mon	10:00	Table Tennis	Netherfield Forum	Andrea 07527 090 324	
22 Mon	17:00	Film Study	Zoom Meeting	Sue 07791 358 143	
23 Tue	10:00	Science & Technology	Carlton Fire Station	Janet 07813 462 081	
23 Tue	10:30	Committee Meeting	Manor Green Community Room	Mark 07826 629 063	
23 Tue	12:00	Out to Lunch	Portobello	Maggie 07554 518 444	
24 Wed	10:00	Making Music For Fun	Loco Centre	Richard 07514 212 134	
24 Wed	14:00	Bridge	The Gedling Inn	Anne 07969 459 767	
24 Wed	14:00	French 3	St Georges Centre	Ann 07837 803 837	
24 Wed	14:00	Walk Fit - To Music	St Georges Centre	Sandra 07826 039 733	
25 Thu	09:00	Striders Walking	Meet at Ranmoor Road car park	Brian 07814 628 190	
25 Thu	10:00	Coffee Morning	Portobello	Cheryl 07787 427 200	
25 Thu	10:00	Strollers Walking	Meet at the start of the walk	Paul 07305 071 206	
25 Thu	14:00	Card & Board Games	St Georges Centre	Maggie 07554 518 444	
25 Thu	16:00	<b>Newsletter Deadline</b>			
26 Fri	11:30	Family History	Loco Centre	Sandra 07826 039 733	
26 Fri	12:00	Grumpy Old Men	St Georges Centre	Ian 0115 911 4681	
26 Fri	14:00	Canasta	The Gedling Inn	Lynne 07771 801 957	
26 Fri	14:00	Creative Writing	St Georges Centre	Coleen 07450 938 777	
26 Fri	19:00	Theatre Planning	Bonington Theatre	Paul 07305 071 206	
29 Mon	10:00	Table Tennis	Netherfield Forum	Andrea 07527 090 324	
29 Mon	14:00	Tai Chi	Colwick Community Centre	Jan 07496 999 808	

## Diary : JULY 2026

Date	Time	Group	Meet at	Contact	
1	Wed	10:00	Creative Appliqué	Carlton Pentecostal Church	Jackie 07708 035 311
1	Wed	10:00	Opera Study	Zoom Meeting	Paul 07305 071 206
1	Wed	10:00	Singing for Pleasure	St Georges Centre	Sheila 07703 755 906
1	Wed	10:00	Ukulele	St Georges Centre	Richard 07514 212 134
1	Wed	14:00	Bonsai Beginners	A member's house	Paul 07305 071 206
1	Wed	14:00	Walk Fit - To Music	St Georges Centre	Sandra 07826 039 733
2	Thu	14:00	Alternative Book Club	Manor Green Community Room	Gill 07802 700 852
3	Fri	10:00	Drama	Carlton Fire Station	Jane 07825 775 213
3	Fri	10:00	Knit & Stitch	The Bread and Bitter	Jackie 07971 973 120
3	Fri	14:00	Canasta	The Gedling Inn	Lynne 07771 801 957
6	Mon	10:00	French Conversation	Mapperley Golf Club	Annabell 07900 067 144
6	Mon	10:00	Table Tennis	Netherfield Forum	Andrea 07527 090 324
6	Mon	10:30	Greenfingers	Meet at the venue	Nicola 07794 368 566
6	Mon	14:00	History Study	Loco Centre	Andy 07753 287 562
7	Tue	10:00	Photography	Meeting Place TBA	Mike 07762 182 898
7	Tue	14:00	Book Club	Carlton Fire Station	Maggie 07951 299 113
8	Wed	10:00	Discussion / Debate	Carlton Pentecostal Church	Coleen 07450 938 777
8	Wed	10:00	Making Music For Fun	Loco Centre	Richard 07514 212 134
8	Wed	10:00	Transport	The Bread and Bitter	Ken 07584 835 479
8	Wed	14:00	French 3	St Georges Centre	Ann 07837 803 837
8	Wed	14:00	Walk Fit - To Music	St Georges Centre	Sandra 07826 039 733
9	Thu	10:00	Coffee Morning	Portobello	Cheryl 07787 427 200
9	Thu	11:00	Ten Pin Bowling	Nottingham Bowl	Brenda 0115 962 5757
9	Thu	13:30	Art	Carlton Fire Station	Linda 07958 012 544
9	Thu	13:30	Religious Architecture		Val 0115 950 6055
9	Thu	14:00	Card & Board Games	St Georges Centre	Maggie 07554 518 444
9	Thu	14:00	Card & Board Games	St Georges Centre	Maggie 07554 518 444
10	Fri	12:00	Grumpy Old Men	St Georges Centre	Ian 0115 911 4681
10	Fri	13:30	Craft	Loco Centre	Pat 07918 665 322
10	Fri	14:00	Canasta	The Gedling Inn	Lynne 07771 801 957
11	Sat	13:00	Wild Weekenders	The Willowbrook	Coleen 07450 938 777
13	Mon	10:00	Classical Music Study	A member's house	Colin 07881 289 298
13	Mon	10:00	Table Tennis	Netherfield Forum	Andrea 07527 090 324
13	Mon	12:00	Out to Lunch	The Gedling Inn	Maggie 07554 518 444
13	Mon	14:00	Tai Chi	Colwick Community Centre	Jan 07496 999 808
13	Mon	18:30	Wine Tasting	Burton Road Community Centre	Chris 07879 696 712
14	Tue	09:30	Five Miles and a cup of tea	Meet at Ranmoor Road car park	David 07549 132 066
14	Tue	14:00	Poetry Appreciation	A member's house	Lyn 07305 144 102
15	Wed	10:00	Ukulele	St Georges Centre	Richard 07514 212 134
15	Wed	14:00	Bonsai Improvers	A member's house	Paul 07305 071 206
15	Wed	12:00	Grouchy Girls	The Willowbrook	Jennifer 07906 735 885
15	Wed	14:00	Walk Fit - To Music	St Georges Centre	Sandra 07826 039 733
16	Thu	10:30	General Meeting	Carlton Pentecostal Church	Mark 07826 629 063
17	Fri	09:45	Singing for Pleasure	St Georges Centre	Sheila 07703 755 906
17	Fri	10:00	Drama	Carlton Fire Station	Jane 07825 775 213
17	Fri	14:00	Canasta	The Gedling Inn	Lynne 07771 801 957
17	Fri	15:00	Ale, Lager and Cider tasting		Richard 07514 212 134