u3a learn, laugh, live
Carlton, Gedling and District



The Gunpowder Plot

# Issue Number 173 November 2026


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## Our Monthly General Meeting

**Thursday 19th November at 10:30am, Carlton Pentecostal Church**

Group Convenors: Please send your news items and photos to Sue Warren (Assistant Newsletter Editor) and Graeme Bunting (Web Manager) via the *u3a Officers* page in Beacon by 5pm on the last Thursday of the month. Also make sure that your meeting schedule in Beacon is up to date for the next few months. **Next deadline: Thursday 26th November**

# Re-cycling

## Use Once and throw away?

**As the generation who do not like waste, we can do better.**

**The picture is just one of the overflowing bins at our last general meeting.**

It is quite easy to avoid this if we each bring our own mug.

Personally, I like my tea and coffee HOT, so I bring mine in an insulated cup.

You may have one at the back of the cupboard that you have forgotten about.

If you buy one, you will soon recoup the cost, as many cafés, including The National Trust, take 20p off the price of your cuppa.

The purple cup in the photo folds down, so you can fit it in a large pocket or handbag. They are made by **stojo,** and are light to carry.

Please help save unnecessary waste. THANK YOU





**Maggie Martinez**

# Editor's Note

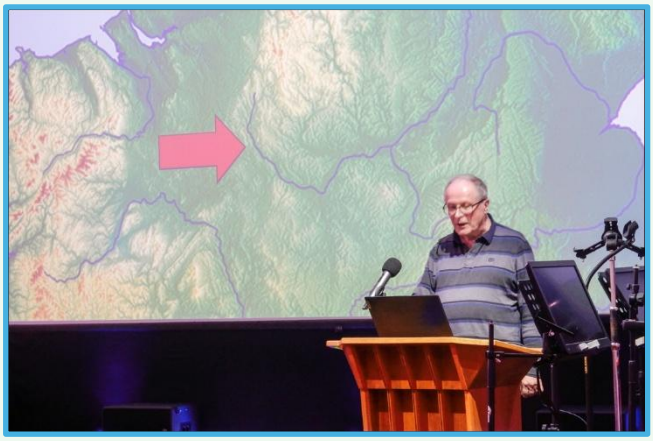
Thank you again for all your interesting contributions, please keep them coming through to Sue Warren for the Newsletter and Graeme Bunting for our Website. There is comprehensive guidance on submitting news items and photos in **Section 4.8** of the **Convenors Support Pack** on the Convenors Page in the website.

The Newsletter is published by Carlton, Gedling & District u3a (Registered Charity No. 1157211). Views expressed are not necessarily those of the u3a Editorial Team. Contentious comments expressed by individual members within an article (on behalf of our Groups) are not the view of this u3a and should not be seen as such.

# u3a General Meetings

## Last Month's Speaker

**River Trent from Source to Sea**



As a former journalist and teacher Mike kept us spellbound with a fast-flowing journey down the Trent, winding its way from Staffordshire moorlands to the Humber in the East. Conveniently the river provided a North South boundary, interweaving a wealth of historic and religious stand offs from the Romans and Brigantes to movements like the Chartists, Jacobites, Roundheads and Royalists. The Romans on their first attempt failed to get much further than the Trent, whilst Bonnie Prince Charlie upon reaching Swarkstone bridge (the longest stone bridge in Britain at nearly a mile long) is said to have lost hope and turned back.

The Potteries needed a better transport system than packhorses so despite the challenges of lock building and barges being pulled through the darkness of a two mile tunnel, Brindley built the Trent and Mersey Canal and joined it to the river, allowing bone china, such as Wedgewood, production to flourish.

After this industrialised area the character of the river changed, flowing peacefully into the Peak District where the River Dove joined the Trent cleansing and nearly doubling its size. Contenders for Queen of the Trent ranged from Nottingham, Tricentona, the river goddess (marking the meeting of three rivers) near Alrewas, to Warrior Queens such as Boudica and Aethelred (daughter of Alfred the Great). Writers, politicians and religious leaders including Dr Samuel Johnson, Robert Peel and William Booth knew the river, whilst Wesleys' home lay in Epworth towards the end of the journey. The Trent Aegir enacts its final drama disrupting barges and moorings as the spring tide surges up against the flow of the river. Meanwhile we continued downstream to where the Trent emptied out into the Humber and on into the sea.

It was an enlivening talk which gave us the opportunity to feel more connected to the part our river played in linking and shaping Britain's history.

**Helen Davies**

# Speaker for the November General Meeting

## SCAMS AWARENESS PROJECT




Our u3a welcomes John Bryan from AGE UK to present us with a practical talk on Scam Prevention at our November General meeting. This promises to be an empowering talk to help protect us from the cunning and sophisticated methods of fraudsters, giving clarity and confidence to spot a scam before it's too late.

It will involve spotting fraudulent emails and texts to high pressure cold calls, knowing how bank officials are mimicked to effect transference of funds, how a phone line is kept open as well as what official procedures avoid handing over personal information. Most importantly it will include how to handle a suspected fraud.

John will also be 'covering the benefits and disadvantages of Ai as well as digital inclusion.'

You can watch the meeting and presentation on zoom if you're not able to get to the meeting.

**Janet Allen**

# Five Miles and a Cup of Tea

## October Walk: Sutton Bonington

The day started very wet as we drove to Ranmoor Road and wondered if there was any point in even starting a walk! Fortunately, the rain cleared during the drive to Sutton Bonington and the warm sun emerged and stayed with us for the morning and afternoon.

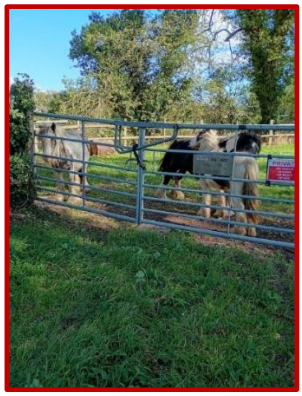
Originally, Sutton and Bonington were two settlements, probably originating in Anglo-Saxon times. Sutton was to the south of Bonington. The two villages gradually grew together along the edge of the flood plain of the River Soar to make one long, narrow village,

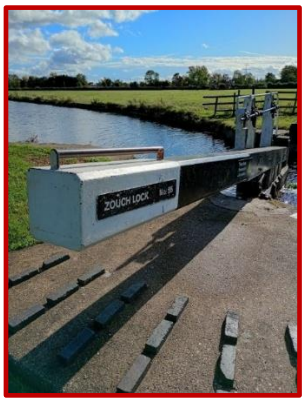
The walk took us through fields to the River Soar and then along the canal to historic Normanton on Soar, which was voted the Best Kept Village in Nottinghamshire. It is home to one of the last operating chain ferries in the country and has a 13th-century Grade I listed parish church. Here, we had a brief drinks break at the Plough Inn, which opened specially for us.

Our leader promised (and delivered) planes, trains, cars, water and lush fields on the day, and we had a few ponies towards the end of the walk to welcome us back to Sutton Bonington.

Lunch afterwards was at The Crusader pub in Clifton which served delicious hot food.

A BIG THANK YOU to GEOFF for leading this easy going walk.



## November Walk

Our next walk is on **Tuesday 10th November**.

**David Johnson**

# Striders Walking

## October Walk: Winster

We were lucky to find a window in the weather for this month's walk. We set off from Gedling in light rain but by the time we got to Winster, the sun was shining and continued to do so for much of the walk. After a steep descent and ascent, the ground evened out and we had fabulous views across the Derwent Valley and back towards Winster.

We soon entered Stanton Moor where there were lots of interesting fungi, one of which Regina decided to take home for her tea. Passing the Reform Tower, the Nine Ladies Stone Circle and the Champagne Cork we dropped down through the woodland to Birchover and after negotiating the Belted Galloways we returned to Winster via the Limestone Way.











## November Walk

Chris and Kath are organising this walk and further details will be sent to group members nearer the time. Meet in the car park on Ranmoor Road at 9.00am on Thursday 26th November, have a good breakfast and bring a packed lunch.

**Brian Shield**

# Bird Watching



Two of us defied the weather forecasts in October and ventured to the Netherfield Lagoons.

We were rewarded by spots of over 20 species of bird including shoveler and gadwall ducks.

The best spots were a resting kestrel and a large deceit (yes, really) of lapwings.

We only got a bit drenched on the way back!

**Paul Martinez**

# Nature Group

Our new u3a Nature Group is up and running, and we welcome new members who are interested in Nature and Natural History.



We are a diverse and enthusiastic group, with a wide range of interests, experience and knowledge.

We are planning to do 5 main things:

- Nature walks led by someone from our group
- Nature visits where we might be guided
- Indoor events with a speaker
- Sharing sessions indoors
- Acting as a clearing house to share information about nature related activities in our area.

Our usual meeting day will be the morning of the first Monday of the month, but we will need to be flexible to take advantage of some of the opportunities available to us. We also have a WhatsApp group to share information.

You can join the group by emailing me (via the Nature page of our u3a website), talking to me at a General meeting (I'm on the Theatre table) or via Beacon if you have a Beacon account.

**Paul Martinez**

# Cycling For Fun






We've had some great rides in the last few weeks to Barton in Fabis, Southwell, Beeston Marina and Bleasby to name a few. We ALWAYS stop for a drink and a bun, and we DON'T cycle in bad weather – we are cycling for fun!

We meet on Saturday mornings. Why don't you join us?

**Paul Martinez**

# Greenfingers Group

Ed Cook from *MEADOWMAKERS* gave a very interesting talk to the group in September. We heard about so many different butterflies and moths, some quite common and others to keep a look out for.









The cabbage white is one of the most common butterfly species in the world. Draping fine mesh nets over brassica crops is the only way to keep the butterflies from landing and laying their eggs. The high brown fritillary is widely recognised as Britain's most threatened and rarest butterfly species. Ed brought along lots of plug plants for us to buy that encourage butterflies. He also brought very attractive bird nests for sale.

**Nicola Dandie**

# Photography

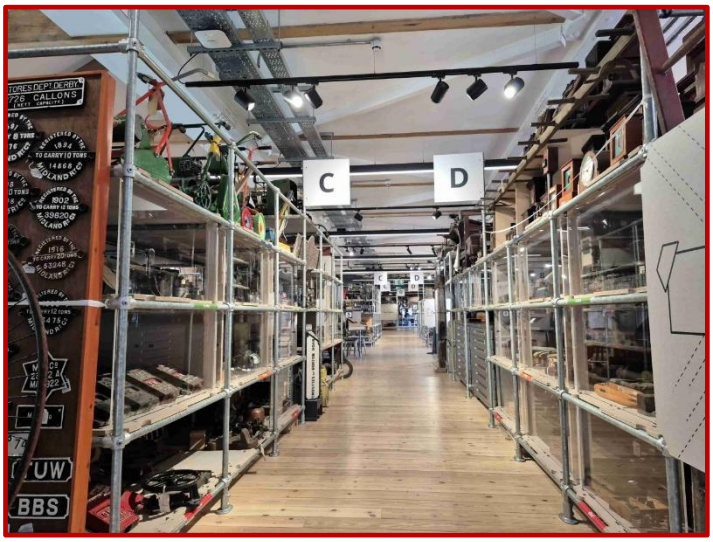
Great session in the Derby Museum of Making in October.  So much to see and it's free!

It's really good to spend a couple of hours on our photo expeditions to concentrate on composing the best photos you can.








Why not join us? - We meet on the first Tuesday of the month.

**Paul Martinez**

# Family History

## Visit to the University of Nottingham Archives Department

Fifteen members of the Family History group visited the Department of Archives, Manuscripts and Special Collections at the King's Meadow Campus of the University.

Two members of the University staff took us on a tour of the facilities, but we were unfortunately unable to go into the Reading Room, as it was closed for filming. Usually the reading room is open for anyone wanting to do their own research, and facilities there include the ability for anyone to look online and request copies of documents to help their research.

We visited the storeroom which has miles of storage for documents, newspapers and even collections from various organisations around the Midlands. Their special collections include items belonging to D.H. Lawrence, including a pair of his shoes!

We also visited the room where documents are conserved and the room where items are being digitised, although this takes many man hours and the cost is prohibitive.

We finally looked at maps and other documents pertaining to the Carlton and Gedling area. There were two different maps to look at. On the earlier one, it was difficult to work out where the boundaries were, although the River Trent gave a good starting point. On the later map, it was far easier to work out where various roads ran, i.e. Arnold Lane, Burton Road, Westdale Lane and Mapperley Plains.

Everyone seemed to enjoy themselves and some are planning a future trip to the Reading Room.

**Sandra Stanley**






# Local History

Our first meeting at the Loco Centre was an interesting talk on the history of the Home Brewery by Bob Massey, who regaled us with an amusing tale of entrepreneurship, expansion and final closure.

Thomas Robinson was a Victorian farmer at Home Farm in Daybrook. Growing barley, he built a malthouse in Arnold to malt it and supply direct to the many small pubs that brewed their own beer. His son, John, then built a bigger malthouse with a brewery in Daybrook, which was operated as a company with his brother Samuel. They also built a laundry opposite the brewery which Samuel ran as a separate company.



**Home Brewery**



**John Robinson Almshouses**




**Vale Public House**

From 1890 the company expanded, buying up pubs around Nottingham and spreading through the East Midlands. They also took over hotels, and the laundry was able to service these establishments.

The company was very forward looking, having their own fire brigade and being an early adopter of steam lorries. Following the First World War they started using petrol lorries.

They showed concern for their employees building two groups of alms-houses as well as housing for employees returning from the War.

The well-known headquarters building was designed by TC Hewitt and built prior to the Second World War. The brewhouses behind produced a range of beers and they also had a soft drinks factory. They also purchased a wines and spirits wholesaler and so had control of supplies to their extensive chain of establishments.

In 1986 the family-owned company was sold to Scottish and Newcastle including the brewery and 450 pubs. The Daybrook site was closed in 1996 with the HQ being listed Grade 2 and taken over by the County Council. The rest of the site was cleared and now contains a Sainsbury's supermarket

For details of further meetings in 2026 please see the calendar on Beacon – we have an exciting range of talks and visits arranged and would be pleased to see you.

**Andy Dixon**

# History Study

## Humble Abodes

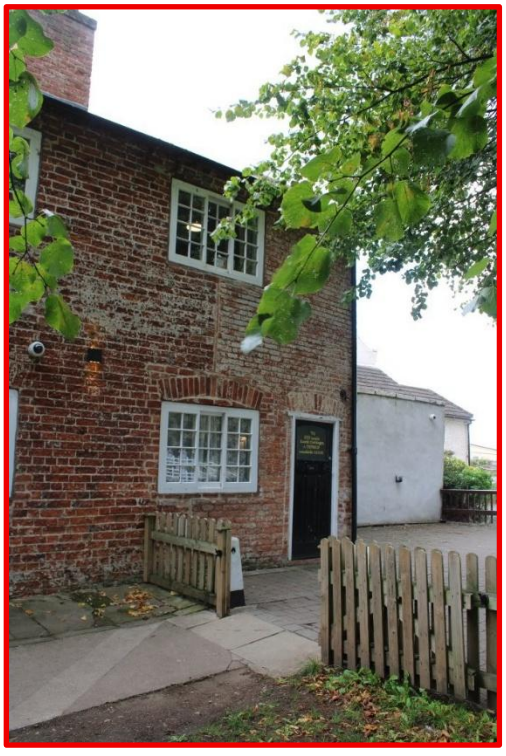
We started in Italy with the house where the composer William Walton lived for many years with his wife. The house is now a museum, but during their residence they developed a beautiful garden with an outdoor theatre.

We then moved to Brazil where we learned about the Favelas. These were slum towns that grew up outside existing towns. Ruled by criminals and drug barons, they lacked any utilities and were truly outside the law. In recent times, the police have established some form of control, and these towns are now popular tourist destinations.

Our next visit was to Wales where we heard of the Ty Unnos houses. These were very small cottages built on a plot of land and with the builder then claiming ownership if they could be built overnight and have smoke coming from the chimney by morning. In addition, they could claim any land marked out by throwing an axe from each corner of the house.

Clouds Hill is a small cottage donated to the National Trust. It was the home of T E Lawrence from his retirement from the army following the First World War. He had become very famous and wished to retire into obscurity. Despite his high wartime rank, he joined the RAF under a pseudonym as an airman. He was very generous and gave away much of his fortune leaving just his cottage and his Brough motorcycle. Sadly, he met his death in a motorcycle accident.

We finished up with a general talk about worker's homes over the last three centuries and looked at one of the tiny cottages at Beeston Lock which had been home to mother and six children in 1861.



**Andy Dixon**

# Discussion Group




At our October meeting we considered Japan and its population. There were aspects to like and some issues of concern.

We began with Pam's lead in which she explained her admiration for Japan's way of life, the country's history of invention, the efficiency of its society, and the commitment of Japanese children. She praised the level of achievement in education, the food, the politeness of people, the culture and the adoption of technology such as AI robots managing processes.

During the wide-ranging discussion that followed we considered the ageing of the Japanese population, with 30% over 65 years old (19% in the UK), and a low reproduction rate. Given Japan's embrace of technology, would fewer young people be a problem?

We commented on the general state of cleanliness in Japanese streets and the consistency of their waste recycling. Japanese people generally seemed to be healthier, with people engaging in collective daily exercise. Their efficiency and robust concern for health served them well during the COVID epidemic with 75,000 deaths in a population of over 120 million compared with the 177,000 deaths in the UK with a population of about 70 million.

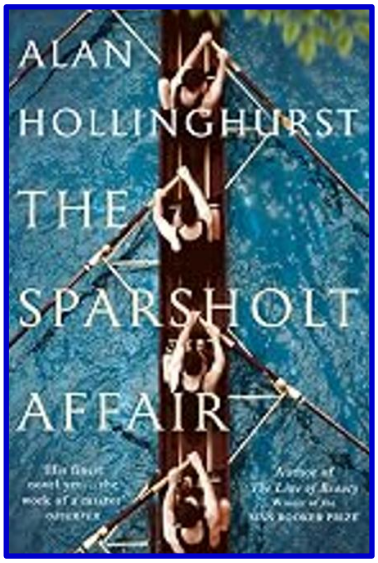
We felt there were some negative aspects of Japan. History teaching in Japanese schools avoids the difficult periods of the 20$^{th}$ century. The country is monoethnic, with 97.5% being ethnically Japanese. Although visitors are welcome, migration into the country is very low. The economy is successful but stagnant, relations with China and South Korea are not always smooth, and there is concern about the behaviour of troops at US bases in Japan. Our conclusion was that Japan is a fascinating country from which we can learn.

We next meet on Wednesday 11th November to discuss '**Should we forget remembrance and drop the poppy?**'

**John Buglear**

# Book Group

## The Sparsholt Affair by Alan Hollinghurst




The story is based around the changes in attitudes towards homosexuality in the 20th century, and how there is now more empathy and understanding.

On the whole, the group found the narrative difficult, mainly because there were too many characters which made it complex and confusing. It also was split into 5 different episodes in time, with it not being immediately clear what, and who, linked them. However, it was recognised that there were beautifully written passages which portrayed kindness and sensitivity.

The characters were varied and at times it was difficult to engage with some of them. Putting the difficulties to one side, it was a thought-provoking story with much to admire.



**Christine Kitchen**

# Science & Technology

## Cholesterol – the good and the bad

This talk was given to the group by Professor Reg Dennick who has a Ph.D. in Cholesterol. He explained that cholesterol was first identified by Poulletier in 1769 as an alcohol component of gallstones. It was named cholesterine from the Greek: chole – bile and seros – solid, by Chevreul in 1824. The empirical formula $C_{27}H_{460}$ was determined by Reinitzer in 1888, whilst the structure was determined by Dorothy Hodgkin using X-ray crystallography in 1943. (She received the Nobel prize in 1964 for penicillin and B12).

Cholesterol is a waxy, fat-like substance that the body needs to build cells, make hormones and produce vitamin D. The types of cholesterol are HDL (High density Lipoprotein, known as good cholesterol) and LDL (Low-density Lipoprotein, known as bad cholesterol). It is believed that LDL (bad cholesterol) can contribute to coronary artery disease as it is present in plaques of atherosclerosis. In 1955 it was suggested that diet caused cardio-vascular disease (C.V.D.) and Dr Akira Endo isolated the first statin compound from a fungus (Penicillium citrinum) in 1973. It was introduced into clinical practice in the 1980s aiming to lower cholesterol levels and protect against heart disease and strokes.

Professor Dennick went on to discuss the pros and cons of taking statins (approx 200 million adults worldwide use statins). He used examples to show the difficulties with the diet-heart hypothesis such as the Maasai eat a very high fat diet but have very low C.V.D. whereas the Australian aborigines have very low cholesterol, but very high C.V.D. Sceptics for cholesterol and taking statins would say that 'Inflammation is the real killer, not LDL' and that while inflammation is the 'fire,' LCL-C is the 'fuel.' You can reduce the risk by dousing the fire, but removing the fuel is a more reliable long-term medical strategy. NICE guidelines in the UK support statins for primary and secondary prevention of C.V.D.

Professor Dennick gave a very comprehensive talk and discussion on cholesterol which was extremely interesting and thought-provoking.




**Janet Allen**

# Wine Tasting

## Spanish Wines

This month's topic was wines for autumn that are bright and fresh for nice days and rich and full for duller evenings, which meant Spanish!

We started with an Organic Airen from the central La Mancha region (11%, £7.00, M&S), made from the native Airen grape. This wine is described as fresh floral, dry, crisp (tasting notes – orange blossom, pear and lime).

Next, we had an Alborino from the Galicia region in the north west, by the Atlantic Ocean (13%, £14, M&S), described as fresh, fruity, aromatic (tasting notes – apricot, citrus, saline).

The final white was Paco Real Blanco 2024 (12%, £8, M&S) from La Rioja region in the north, just below Basque Country. This wine is a White Rioja made from the native Viura grape with notes of citrus, exotic fruits and fresh white flowers.

The trio of reds started with Agramont Garnacha (14%, £8.50, Lidl) from the Navarro region just above La Rioja in the north east. The wine has been described by The Guardian as a "comforting red to hunker down with through winter" wine!

Next up was Organic Tempranillo (11.5%, £7, M&S) from the La Mancha region, described as vibrant, silky, medium bodied, with a taste of cherry, dark chocolate and spices.

The final red was El Duque de Miralta Rioja Reserva (13.5%, £12, M&S) from the La Rioja region described as smooth, velvety, oaked red, tasting of cherry, liquorice, vanilla, spices.

Once again, a pleasant evening with the usual bread and a variety of cheeses and meats.







**David Johnson**

# Dining Out Meal at Amores







Some pictures from the evening. I apologise to anyone who was there, but not in photos (or your head is missing)!

An all-time record of 49 in our group, but the restaurant catered well, and everyone I spoke to said they enjoyed the food and atmosphere.

**Maggie Martinez**

# Christmas Lunch




All 72 places for the Christmas Lunch at The Mapperley Golf Club are now booked. If you are coming, you are invited to make a table decoration in a 1lb. jam jar. There will be prizes for the best three.

**Maggie Martinez**

# Creative Appliqué & Quilting

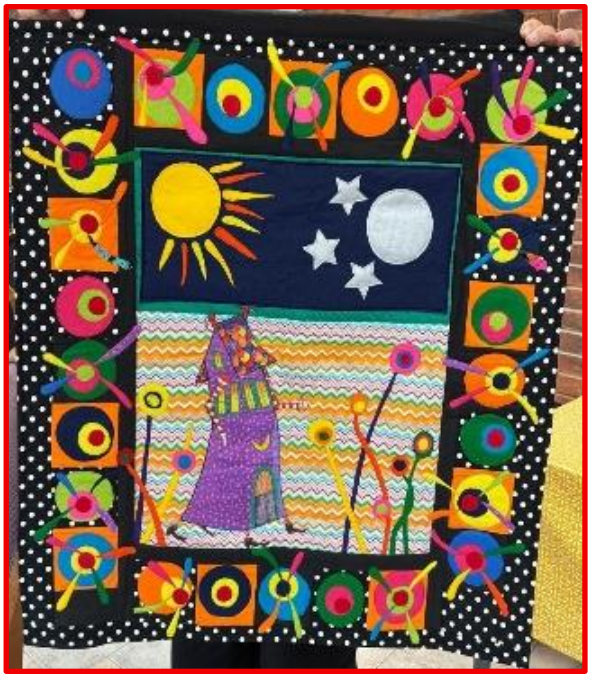
It was decided by the group that we would incorporate Quilting at our next meeting, as there isn't a quilting group within our u3a. Both techniques complement each other in lots of ways. We, therefore, hope to reach out to those who would like to learn aspects of quilting at our next meeting on Wednesday 4th November at Carlton Pentecostal church, 10pm – 12.



**Jackie Taylor (Town & Country Quilt)**



**Jackie Taylor (Red House Quilt)**



**Cathy Cope**

Above are examples of combining Applique with Quilting. Don't be put off by the large quilts, there are lots of items that can be made in smaller projects. If you have a quilt that you have been trying to finish off, I can help you.

**Jackie Taylor**

# Sewing

## Hexagonal Coasters

It's been a couple of years since we've made any coasters so thought it was time to bring them back. They are easy and fun to make and you don't need lots of fabric so it's another good way to use up scraps.



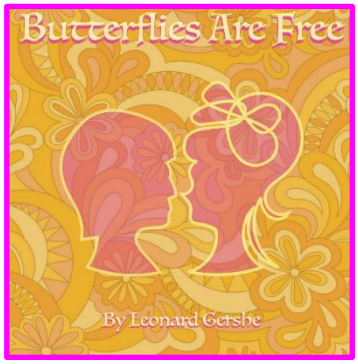
A few of us have also made more post-surgery drain bags for donating to Maggie's Centre to give patients to use when they are discharged from hospital with drains. The drain fits inside the crossbody bag and leaves your hands free (the strap is inside the bags in the photo). Having looked online, these bags can be bought for around £15 each so it's nice to produce something useful.



**Susan Bunting**

# Theatre

## Tickets on Sale




***Butterflies Are Free*** Saturday 16th January 2027 2.30pm, Lace Market Theatre £14. Don is an aspiring musician. He's moved out of his mother's place and she's not happy about it. She simply worries about Don living independently, him being blind and all. A hilarious story of young love, determination and understanding, with a bittersweet twist in between all the sparks. **Organiser Janet Whitchurch**




***The Maids*****,** Saturday 30th January 2.30pm Lace Market Theatre Studio, £13, Two live-in maids engage in a sadomasochistic, ritualistic role-playing game in which they take turns brutally demeaning each other while impersonating their wealthy, haughty mistress. **Organiser Janet Whitchurch**




***La Fanciulla Del West,*** 6pm Tuesday 26th January, Bonington Theatre, £12.50 This is Puccini's exhilarating drama of the Wild West. A dashing bandit rambles into a remote California mining town to steal Minnie's heart. The lawman is determined to deliver justice—and win Minnie for himself.
**Organiser Paul Martinez**




***Götterdämmerung,*** 2pm Sunday 7th February, Bonington Theatre. £12.50. The concluding part of Wagner's Ring Cycle. Deception leads to treachery, then devastation, when Siegfried is tricked into betraying Brünnhilde. Learning the truth of her beloved's innocence, Brünnhilde at last returns the ring to the Rhinemaidens.
**Organiser Paul Martinez**



***Beauty and the Beast***, 2pm Saturday February 20th, Squire Theatre (Girls High School), £19. West Bridgford Operatic Society returns with the enchanting Disney musical Beauty and the Beast.
**Organiser Janet Whitchurch**

## Pick up Tickets

***Agnes of God,*** 2.30pm Saturday 21st November, Lace Market Theatre Studio, £13. Organiser Janet Whitchurch

***Funny Money***, 2.30pm Saturday 12th December, Lace Market Theatre, £14, Henry Organiser Janet Whitchurch

***Family Carol Concert***, Royal Concert Hall, 5pm Saturday 19th December, £23.50. Organiser Linda Spencer

***Aladdin,*** 2pm Monday 28th December, Nottingham Playhouse, £23.10
**Organiser Carolyn Broadhurst**



# Calendar: November 2026

*Note: you can view the most up to date Calendar on the C&G u3a website*

| Date | Time | Group | Meet at | Details | Contact |
|---|---|---|---|---|---|
| Mo 9 | 10:00 | Classical Music Study | A member's house | | Colin 07881 289 298 |
| Mo 9 | 10:00 | French for Fun | Mapperley Golf Club | | Brian 07724 801 115 |
| Mo 9 | 10:00 | Table Tennis | Netherfield Forum | | Andrea 07527 090 324 |
| Mo 9 | 12:00 | Out to Lunch | The Gedling Inn | | Maggie 07554 518 444 |
| Mo 9 | 18:30 | Wine Tasting | Burton Road Comm. | | Chris 07879 696 712 |
| Tu 10 | 09:30 | Five Miles Walking | Ranmoor Road CP | | David 07549 132 066 |
| Tu 10 | 09:30 | Trips and Visits | Carlton Forum CP | Chatsworth House | Coleen 07450 938 777 |
| Tu 10 | 14:00 | Poetry Appreciation | A member's house | | Lyn 07305 144 102 |
| We 11 | 10:00 | Discussion | Carlton Pentecostal | Remembrance | John 07851 989 623 |
| We 11 | 10:00 | Making Music FF | Loco Centre | | Richard 07514 212 134 |
| We 11 | 10:10 | Transport | The Bread and Bitter | | Ken 07584 835 479 |
| We 11 | 14:00 | Bridge | The Gedling Inn | | Anne 07969 459 767 |
| We 11 | 14:00 | French 3 | The Willowbrook | | Ann 07837 803 837 |
| We 11 | 14:00 | Walk Fit - To Music | St Georges Centre | | Sandra 07826 039 733 |
| Th 12 | 10:00 | Coffee Morning | Portobello | | Cheryl 07787 427 200 |
| Th 12 | 11:00 | Ten Pin Bowling | Nottingham Bowl | | Brenda 0115 962 5757 |
| Th 12 | 11:15 | Religious Arch. | Meet at the venue | St Helens, Stapleford | Val 0115 950 6055 |
| Th 12 | 13:30 | Art | Carlton Fire Station | | Linda 07958 012 544 |
| Th 12 | 14:00 | Card & Board Games | St Georges Centre | | Maggie 07554 518 444 |
| Fr 13 | 10:00 | Bird Watching | the venue | | Helen 07846 079 721 |
| Fr 13 | 12:00 | Grumpy Old Men | St Georges Centre | | Ian 0115 911 4681 |
| Fr 13 | 13:30 | Craft | Loco Centre | Christmas Decorations | Pat 07918 665 322 |
| Fr 13 | 14:00 | Canasta | The Gedling Inn | | Lynne 07771 801 957 |
| Sa 14 | 10:00 | Cycling For Fun | Junction of Burton Road and Conway Road | | Sue 07780 449 894 |
| Sa 14 | 13:00 | Wild Weekenders | Venue to be advised | | Coleen 07450 938 777 |
| Sa 14 | 14:30 | Theatre | Nottm. Playhouse | *Fences* | Carolyn 0115 676 267 |
| Su 15 | 14:00 | Theatre | Bonington Theatre | *Carmen* | Paul 07305 071 206 |
| Mo 16 | 10:00 | French Conversation | Mapperley Golf Club | | Annabell 07900 067 144 |
| Mo 16 | 10:00 | Table Tennis | Netherfield Forum | | Andrea 07527 090 324 |
| Mo 16 | 14:00 | Art Appreciation | A member's house | | Christine 0115 953 6725 |
| Mo 16 | 14:00 | Tai Chi | Colwick Comm. Cen. | | Jan 07496 999 808 |
| Tu 17 | 14:00 | Local History | Loco Centre | Night the Zeppelins came | Andy 07753 287 562 |
| Tu 17 | 14:00 | Rummikub | The Gedling Inn | | Lynne 07771 801 957 |
| We 18 | 10:00 | Ukulele | St Georges Centre | | Richard 07514 212 134 |
| We 18 | 12:00 | Grouchy Girls | The Willowbrook | | Jennifer 07906 735 885 |
| We 18 | 14:00 | Bonsai Improvers | A member's house | | Paul 07305 071 206 |
| We 18 | 14:00 | Bridge | The Gedling Inn | | Anne 07969 459 767 |
| We 18 | 14:00 | Walk Fit - To Music | St Georges Centre | | Sandra 07826 039 733 |
| Th 19 | 10:30 | General Meeting | Carlton Pentecostal | Age UK: Scam prevention | Jenni 07711 643 674 |

| Date | Time | Group | Meet at | Details | Contact |
|---|---|---|---|---|---|
| Fr 20 | 09:45 | Singing Friday | St Georges Centre | | Sheila 07703 755 906 |
| Fr 20 | 10:00 | Drama | Carlton Fire Station | | Jane 07825 775 213 |
| Fr 20 | 14:00 | Canasta | The Gedling Inn | | Lynne 07771 801 957 |
| Fr 20 | 15:00 | Ale, Lager and Cider | | | Richard 07514 212 134 |
| Sa 21 | 10:00 | Cycling For Fun | Junction of Burton Road and Conway Road | | Sue 07780 449 894 |
| Sa 21 | 14:30 | Theatre | Lace Market Theatre | *Agnes of God* | Janet 0115 840 0733 |
| Mo 23 | 10:00 | French for Fun | Mapperley Golf Club | | Brian 07724 801 115 |
| Mo 23 | 10:00 | Sewing | Carlton Fire Station | | Susan 07708 471 023 |
| Mo 23 | 10:00 | Table Tennis | Netherfield Forum | | Andrea 07527 090 324 |
| Mo 23 | 14:00 | Art Appreciation | A member's house | | Christine 0115 953 6725 |
| Mo 23 | 17:00 | Film Study | Zoom Meeting | | Sue 07791 358 143 |
| Tu 24 | 10:00 | Science & Technology | Carlton Fire Station | Blood diseases | Janet 07813 462 081 |
| Tu 24 | 10:30 | Committee Meeting | Manor Green Comm. | | Jenni 07711 643 674 |
| Tu 24 | 12:00 | Out to Lunch | Leoon Restaurant | | Maggie 07554 518 444 |
| We 25 | 10:00 | Making Music FF | Loco Centre | | Richard 07514 212 134 |
| We 25 | 14:00 | Bridge | The Gedling Inn | | Anne 07969 459 767 |
| We 25 | 14:00 | French 3 | The Willowbrook | | Ann 07837 803 837 |
| We 25 | 14:00 | Walk Fit - To Music | St Georges Centre | | Sandra 07826 039 733 |
| Th 26 | 09:00 | Striders Walking | Ranmoor Road CP | November Walk | Brian 07814 628 190 |
| Th 26 | 10:00 | Coffee Morning | Portobello | | Cheryl 07787 427 200 |
| Th 26 | 10:00 | Strollers Walking | the start of the walk | | Paul 07305 071 206 |
| Th 26 | 14:00 | Card & Board Games | St Georges Centre | | Maggie 07554 518 444 |
| Th 26 | 16:00 | Deadline for December Newsletter submissions | | | |
| Fr 27 | 11:30 | Family History | Loco Centre | | Sandra 07826 039 733 |
| Fr 27 | 12:00 | Grumpy Old Men | St Georges Centre | | Ian 0115 911 4681 |
| Fr 27 | 14:00 | Canasta | The Gedling Inn | | Lynne 07771 801 957 |
| Fr 27 | 14:00 | Creative Writing | St Georges Centre | | Ayaz 07440 323 485 |
| Sa 28 | 10:00 | Cycling For Fun | Junction of Burton Road and Conway Road | | Sue 07780 449 894 |
| Mo 30 | 10:00 | Table Tennis | Netherfield Forum | | Andrea 07527 090 324 |
| Mo 30 | 14:00 | Tai Chi | Colwick Comm. Cen. | | Jan 07496 999 808 |
| Tu 1 | 10:00 | Photography | Carlton Fire Station | To be decided | Mike 07762 182 898 |
| Tu 1 | 12:00 | Dining Out | Mapperley Golf Club | Christmas Lunch | Maggie 07554 518 444 |
| We 2 | 10:00 | Applique and Quilting | Carlton Pentecostal | | Jackie 07708 035 311 |
| We 2 | 10:00 | Opera Study | Zoom Meeting | | Paul 07305 071 206 |
| We 2 | 10:00 | Singing Wednesday | St Georges Centre | | Sheila 07703 755 906 |
| We 2 | 14:00 | Bonsai Beginners | A member's house | | Paul 07305 071 206 |
| We 2 | 14:00 | Bridge | The Gedling Inn | | Anne 07969 459 767 |
| We 2 | 14:00 | Walk Fit - To Music | St Georges Centre | | Sandra 07826 039 733 |
| Th 3 | 11:00 | Religious Arch. | Meet at the venue | St Judes | Val 0115 950 6055 |
| Th 3 | 14:00 | Alternative Book Club | Manor Green Comm. | | Gill 07802 700 852 |
| Fr 4 | 10:00 | Drama | Carlton Fire Station | | Jane 07825 775 213 |
| Fr 4 | 10:00 | Knit & Stitch | The Bread and Bitter | | Jackie 07971 973 120 |
| Fr 4 | 14:00 | Canasta | The Gedling Inn | | Lynne 07771 801 957 |
| Fr 4 | 14:00 | Spanish for Fun | Carlton Fire Station | | Mark 07826 629 063 |

# Calendar: December 2026

| Date | Time | Group | Meet at | Details | Contact |
|---|---|---|---|---|---|
| Sa 5 | 10:00 | Cycling For Fun | Junction of Burton Road and Conway Road | | Sue 07780 449 894 |
| Mo 7 | 10:00 | French Conversation | Mapperley Golf Club | | Annabell 07900 067 144 |
| Mo 7 | 10:00 | Table Tennis | Netherfield Forum | | Andrea 07527 090 324 |
| Mo 7 | 10:30 | Greenfingers | Gedling Road Meth. | Mince Pie time | Nicola 07794 368 566 |
| Mo 7 | 10:30 | Nature | Meet at Netherfield Lagoons | | Paul 07305 071 206 |
| Mo 7 | 14:00 | History Study | Loco Centre | History of fossil fuel sites | Andy 07753 287 562 |
| Tu 8 | 09:30 | Five Miles Walking | Xmas lunch at the Gedling Inn (start of short walk) | | David 07549 132 066 |
| Tu 8 | 14:00 | Book Club | St Georges Centre | *Burnt Sugar* by Avon Doshi | Maggie 07951 299 113 |
| Tu 8 | 14:00 | Poetry Appreciation | A member's house | | Lyn 07305 144 102 |
| We 9 | 10:00 | Discussion | Carlton Pentecostal | | John 07851 989 623 |
| We 9 | 10:00 | Making Music FF | Loco Centre | | Richard 07514 212 134 |
| We 9 | 10:00 | Transport | The Bread and Bitter | | Ken 07584 835 479 |
| We 9 | 14:00 | Bridge | The Gedling Inn | | Anne 07969 459 767 |
| We 9 | 14:00 | French 3 | The Willowbrook | | Ann 07837 803 837 |
| We 9 | 14:00 | Walk Fit - To Music | St Georges Centre | | Sandra 07826 039 733 |
| Th 10 | 10:00 | Coffee Morning | Portobello | | Cheryl 07787 427 200 |
| Th 10 | 11:00 | Ten Pin Bowling | Nottingham Bowl | | Brenda 0115 962 5757 |
| Th 10 | 13:30 | Art | Carlton Fire Station | | Linda 07958 012 544 |
| Th 10 | 14:00 | Card & Board Games | St Georges Centre | | Maggie 07554 518 444 |
| Fr 11 | 10:00 | Bird Watching | the venue | | Helen 07846 079 721 |
| Fr 11 | 12:00 | Grumpy Old Men | St Georges Centre | | Ian 0115 911 4681 |
| Fr 11 | 13:30 | Craft | Loco Centre | Next year's calendar | Pat 07918 665 322 |
| Fr 11 | 14:00 | Canasta | The Gedling Inn | | Lynne 07771 801 957 |
| Sa 12 | 10:00 | Cycling For Fun | Junction of Burton Road and Conway Road | | Sue 07780 449 894 |
| Sa 12 | 13:00 | Wild Weekenders | Venue to be advised | | Coleen 07450 938 777 |
| Sa 12 | 14:30 | Theatre | Lace Market Theatre | *Funny Money* | Janet 0115 840 0733 |
| Mo 14 | 10:00 | Classical Music Study | A member's house | | Colin 07881 289 298 |
| Mo 14 | 10:00 | French for Fun | Mapperley Golf Club | | Brian 07724 801 115 |
| Mo 14 | 10:00 | Table Tennis | Netherfield Forum | | Andrea 07527 090 324 |
| Mo 14 | 12:00 | Out to Lunch | The Gedling Inn | | Maggie 07554 518 444 |
| Mo 14 | 14:00 | Art Appreciation | A member's house | | Christine 0115 953 6725 |
| Mo 14 | 14:00 | Tai Chi | Colwick Comm. Cen. | | Jan 07496 999 808 |
| Mo 14 | 18:30 | Wine Tasting | Burton Road Comm. | | Chris 07879 696 712 |
| Tu 15 | 14:00 | Local History | Loco Centre | Christmas Social | Andy 07753 287 562 |
| We 16 | 12:00 | Grouchy Girls | The Willowbrook | | Jennifer 07906 735 885 |
| We 16 | 14:00 | Bridge | The Gedling Inn | | Anne 07969 459 767 |
| We 16 | 14:00 | Walk Fit - To Music | St Georges Centre | | Sandra 07826 039 733 |
| Th 17 | 10:00 | General Meeting | Carlton Pentecostal | Christmas Social | Jenni 07711 643 674 |
| Th 17 | 12:30 | Committee Meeting | Carlton Pentecostal | | Jenni 07711 643 674 |
| Fr 18 | 09:45 | Singing Friday | St Georges Centre | | Sheila 07703 755 906 |
| Fr 18 | 10:00 | Drama | Carlton Fire Station | | Jane 07825 775 213 |
| Sa 19 | 10:00 | Cycling For Fun | Junction of Burton Road and Conway Road | | Sue 07780 449 894 |
| Sa 19 | 17:00 | Theatre | Royal Concert Hall | *Family Carol Concert* | Linda 0115 958 3567 |

| Date | Time | Group | Meet at | Details | Contact |
|---|---|---|---|---|---|
| Mo 21 | 10:00 | French Conversation | Mapperley Golf Club | | Annabell 07900 067 144 |
| Mo 21 | 10:00 | Sewing | Carlton Fire Station | One week early | Susan 07708 471 023 |
| Mo 21 | 10:00 | Table Tennis | Netherfield Forum | | Andrea 07527 090 324 |
| We 23 | 14:00 | Bridge | The Gedling Inn | | Anne 07969 459 767 |
| We 23 | 14:00 | French 3 | St Georges Centre | | Ann 07837 803 837 |
| Th 24 | 10:00 | Strollers Walking | The start of the walk | | Paul 07305 071 206 |
| Sa 26 | 10:00 | Cycling For Fun | Junction of Burton Road and Conway Road | | Sue 07780 449 894 |

| | | | | | |
|---|---|---|---|---|---|
| Mo 28 | 14:00 | Art Appreciation | A member's house | | Christine 0115 953 6725 |
| Mo 28 | 14:00 | Theatre | Nottm. Playhouse | *Aladdin* | Carolyn 0115 676 267 |
| Mo 28 | 17:00 | Film Study | Zoom Meeting | | Sue 07791 358 143 |
| We 30 | 14:00 | Bridge | The Gedling Inn | | Anne 07969 459 767 |
| Th 31 | 16:00 | Deadline for January Newsletter submissions | | | |