

u3a learn,
laugh,
live

Carlton, Gedling and District



Issue Number 165 March 2026

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Wolfgang Amadeus Mozart



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Our Monthly General Meeting

Thursday 19th March at 10.30 Carlton Pentecostal Church

Please send your newsletter items and photos to Sue/Assistant Newsletter Editor and Graeme/Web Manager via the 'u3a Officers' page in Beacon by 5pm on the last Thursday of the month. Next deadline: **Thursday 26th March 5pm**

u3a General Meetings

February Guest Speaker Report - Janina from Coop Estate Planning

Janina spoke clearly and knowledgeably on a topic highly relevant to mostly retired listeners. However, the very nature of the subject meant it was serious and complex. The two main topics centred around **Wills and Lasting Power of Attorney**.



Writing and executing wills was the first topic and Janina went through the various partnerships and family groupings which would all have a bearing on the writing of a will and how the wishes of the deceased were followed or not. There were numerous permutations as to what may constitute a partnership and legal advice is nearly always advised. Which partner dies first and what position the second partner may find themselves in may depend on whether there are surviving offspring from, say a previous marriage, or indeed, if the second partner enters into a new relationship with someone who has children from a previous marriage.

One fact that Janina emphasised was the need for everyone to get a Lasting Power of Attorney set up early before there is the need for it. Both parts, the health and the finances are important and save much time and family problems later e.g. no transfers of money can be made after a death without LPA and much more.

Janina took questions at the end of her talk and there was obviously a great deal of interest in the subject.

Marianne White

Venue for our General Meetings - Reminder!

Just a reminder that our general meetings will be held at **Carlton Pentecostal Church** on Station Road, Carlton. There is seating for over 200, including some balcony seating, and a separate cafe area.

There is a large car park at the rear of the property off Wallace Avenue, with disabled parking, and some disabled parking at the front on Station Road itself.



Speaker for March General Meeting

Nottinghamshire Blood Bikes - It's What We Do

Nottinghamshire Blood Bikes was formed in 2013 and is a volunteer-run charity that provides a free, out-of-hours emergency transport service for the NHS. Our team of unpaid volunteers deliver vital medical items such as blood, heel pricks, platelets, plasma, samples, and medical records between hospitals and blood transfusion banks primarily across Nottinghamshire.

We are entirely funded by donations from the public and local businesses. We help to reduce the NHS's running costs while ensuring critical supplies reach where they're needed most, when they're needed most. Our mission is simple: to save money, save resources, and ultimately, help save lives.

It's not just about motorbikes; also, we rely on controllers, drivers, fundraisers, and people with all kinds of skills to keep the wheels turning.

Janet Allen

Editor's Note

Thank you again for your newsletter contributions, please keep them coming through to Sue Warren/ Assistant Editor and to Graeme Bunting/ Web Manager for our website.

Apologies that I haven't included all the content that came in by the deadline as Sue Warren has been away for much of the time I've been putting this newsletter together. Big thanks to Pamela for volunteering to help me out!

Please bear in mind that we can't always be here for every newsletter and so we do need to expand our newsletter team. If anyone is interested in helping us, please get in touch with me or Sue Warren. Happy to explain further what we do each month.

Thank you

Clare Quigley



Your Committee Needs You!

We are looking for enthusiastic members with 'joie de vivre' to join our active Committee to help run our organisation and support the many varied Interest Groups that we provide for your enjoyment.

No special skills are needed except a 'can do' attitude and being able to work collaboratively, within a supportive team, to provide the many activities for our members.

Prospective Committee members can always come along to our monthly Committee Meeting as an observer to see how we work together, but we would also welcome any members with previous knowledge or experience especially in IT, media, publishing or marketing.

We are looking for further support to our Treasury function with knowledge of excel spreadsheets as we try to share the burden and workload across a team rather than rely on one individual. The Membership team would also like to supplement their team.

Unfortunately our excellent Editor Clare Quigley needs to stand down this year so we are looking for someone to take over this role with a background in media or publishing, though she'll be around as back-up support. Also due to ill health we are looking for a member to take on the role of minute taker and social events co-ordinator. Again both roles will be within a team environment.

Please contact any member of our Committee if you wish to discuss supporting any of these roles. You will be warmly welcomed as this work is vital to the success of your u3a.

Mark Reynolds

Card and Board Games Group

You are most welcome to join us at the twice monthly Card and Board Games Group. This group meets at **2pm on the 2nd and 4th Thursday afternoons** of the month at the St George's Centre. We are not fiercely competitive and so far no fights have broken out! We are lucky to have many groups in our u3a that help to keep our brains sparking!

Maggie Martinez



Membership Information

Membership renewals are due from **1st April**, from when you will be able to renew your Carlton and Gedling u3a membership:

- at the general meeting,
- at the Portobello cafe (2nd & 4th Thursday mornings)
- by bank transfer
- or online

We have managed to keep membership fees at £14 for individuals and £10 for associate members. You will receive an email inviting you to renew.

Cheryl Larcombe, Membership Secretary

Have we got your correct contact details?

Your group convenors need your correct contact details when organising groups, trips etc. Also as you've read above, we will soon need to contact you about renewing your membership.

Please let us know of any change in contact details such as phone number, email, home address, or next of kin.

You can let us know by either [email](mailto:Carlandged.memb.sec@outlook.com) - Carlandged.memb.sec@outlook.com or **phone**: 07787427200

Or at the membership table at the general meeting, 3rd Thursday of the month.

Thank you

Membership team



Five Miles and a Cup of Tea



Due to the rain that had fallen during most of January and part of February, this month's walk was specially chosen to be on tarmac or gravel paths around the lakes at Colwick Country Park. Fortunately, the rain held off during the morning and all 15 of us reached our destination - Tina's Café – without anyone getting soaked!

However, flooding was very evident in a marooned footbridge by the Trent. We met some interesting characters along the way, including David the bird feeder, on his bike. We spent some time in the tranquil cemetery by the ruins of St John's chapel next to Colwick Hall.

Tina's Café was a real 'find', with hand-sized bacon / sausage cobs, huge bowls of soup and 'proper' size baked potatoes!

A big 'THANK YOU' to Jane and Janice for leading the walk, and making sure that no one got left behind.

Our next walk is on **Tuesday 10th March**.

David Johnson



Bird Watching Group

'Friday the 13th' was a rainy drizzly horrible day. The birders left McDonald's more driven by hope than being convinced we'd see anything. We set off to the lagoons via the field near the new estate and we were most chuffed to see a group of Long-tailed Tits in the trees just as we walked onto the path by the dyke. A few other small birds were out and about but we were nearly all defeated by the grim weather. Paul, wearing his full kit of waterproofs, trudged onto the lagoons and squirrels, a couple of ducks and a Wren were his reward. The rest of us headed home!

Contrast this with 25th February when we enjoyed some sun with a cool wind, but it was relatively warm. The birds on the field near the new estate were out in force! The Wrens and Cetti's Warbler were in competition to see who could call the loudest. There were Blue and Great Tits, Blackbirds, Starlings, Chaffinches, Dunnocks, Sparrows, Goldfinches Pied Wagtails and Robins. All in the space of about 200 yards of hedge. The Chiff Chaff was chiff chaffing away and the peeps of the Reed Buntings were nearly being drowned out by the noisier birds. Just delightful! I only wish I could have shared it with the group who could use a good day's birding. We'll have to see if we have better luck in March and April.

The picture shows a Sparrow in full-on cheep cheep mode in the sunshine



Helen Forrester

Recycle for Charity

For some years, with the help of Linda, Caroline and Lesley, I've been collecting items that might otherwise be thrown away. Our generation hate waste and it is a shame to send items to landfill when they can be of use. So please bring the following items to general meetings and deposit in the containers in the side room, where the convenors are.

- Used postage stamps with a margin of ¼ inch of paper RNIB
- Plastic lids from bottles and jars for the Dove Hospice
- Used prescription spectacles for the Roundtable to distribute

The plastic lids are recycled in Colwick and the spectacles are assessed by opticians and sent to people who cannot afford them. Many thanks to all those u3a members who have brought these items in the past.

Maggie Martinez



Sewing Group

February 2026

We received a thank you note from Maggie's Centre for the post-surgery drain bags we made and donated. They were delighted to receive them and we will make some more over the coming months. Our thanks go to Gayle for delivering them for us.

This month saw some of us making reusable cleansing pads using fleece and towelling. They make nice gifts for loved ones (or indeed yourself) by putting 8 pads into a small fabric basket with a piece of ribbon tied in a bow around the pads. I certainly did a roaring trade at the golf club when I was fundraising for the Captain's Charity.



I used the fabric bins I made recently to transport the fleece and towelling pieces to the meeting. I used appliqué to add the bunny and the cat to the fronts. Rather than using some decorative hand-sewn stitches, I used the zigzag on my sewing machine instead. If you fancy having a go at some appliqué, get in touch with Jacqueline Taylor, who is the convenor for the Creative Appliqué group. She has lots of ideas and patterns plus lots of experience in all things related to this craft.



Others continued with their own projects and it was a hive of activities. It's always great to see what others are doing and also it can be inspiring. Some of us have projects that we started years ago and suddenly decided it is time to bring them out and get them finished.

Susan Bunting



Science and Technology Group

Our guest speaker this month was Linda Hoyland, who discussed her work in the QMC Pathological Lab. Linda is now retired, having spent 42 years working for the NHS, 38 years of which were in Diagnostics Pathology, specialising in analysis of blood cells and supplying blood for transfusions.

Linda explained that the practice of blood-letting dates back to the ancient Egyptian times as a way of treating medical ailments, which continued for many centuries until the 16th century when experimental blood transfusions took place, some including animal blood.

It was only in 1901 that blood transfusion achieved a scientific basis and become safer, when the Austrian immunologist Karl Landsteiner discovered the three three main blood groups (O, A, and B). Landsteiner found that adverse effects arise from mixing blood from two incompatible blood types. When they are mixed an immune response is triggered and the red blood cells clump.

Linda discussed the properties and composition of blood and how donated blood is separated into red cells, white cells and platelets for treating a number of disorders. She gave us an insight into the relationship between the donation service and blood banks in hospitals, explaining how the service has changed and developed over time. Also she talked about the vital blood testing done by pathology labs to support diagnosis of medical conditions. It was a very interesting and informative presentation.

Our next meeting will be on **Tuesday 24th March**, when Glenn Turner, a retired Sea Captain, will discuss 'Waves in The Ocean.' This will show what you might see when on the sea or on a beach, and explain what is happening in the water. He will talk about different wave types and major wave events.

David Johnson



Trips and Visits

Visit to The Deep

Wednesday 25th March 2026

The Coach will depart from outside Richard Herrod at **9 am**.

We will depart The Deep, at **3.45pm** to arrive back around **6.30pm**.

The Black Country Living Museum

Following the introduction at February's General Meeting we had an amazing response and so far, 50 people have signed up for our trip to Dudley. The coach we have booked is a 53 seater but, should a further 10 people wish to join us we may be able to get a larger coach. The price is **£35** and can be paid in advance of the next General Meeting by **bank transfer** as follows:

Carlton & Gedling u3a

Account : 27766360

Sort Code: 77-22-29

Ref : TV-BCM + Memb No.

Other forms of payment will be taken at the meeting on 19th March.



Dining Out Group

The **Panda Mami** was the venue for our February event. This was our first time at an 'all you can eat buffet'.

Administration could have been easier, as the set price of £23:67 is not ideal for my limited maths skills. Also, I was not happy that our group of 36 was not allowed in until I had paid in advance. Our friendly group of diners was very tolerant, and good company as usual. I have only had positive feedback about the food, and it was certainly value for money. If you are planning to take any hungry youngsters out for a meal, I would recommend this venue.

We now have a team of four organising this group, so thanks to Janet Allen, Sue Bates and Brenda Wells. Our next event is in April and details will follow.

Maggie Martinez



Local History

February Meeting

An enthusiastic audience gathered for our February meeting to hear Dave Needham talk on the Battle of the Flames. Dave is retired firefighter and historian regarding the Nottingham fire service. The talk was based on his book about the bombing of Nottingham during the Second World War. The most famous part of this was the Nottingham Blitz over the night of 8th / 9th May 1941.

We were shown wartime pictures of various sites following bombing, together with recent photos of the same location. We also heard about some of the many civilians who lost their lives as well as firefighters from Nottingham – often fighting fires in other parts of the country. In some cases, Dave's research had discovered how bombs had landed by interviewing survivors.

The talk encouraged many questions as well as anecdotes from the audience. We also had an opportunity to purchase his books – the latest being a history of Nottingham fire service during the 20th century.

On 17th March we will learn about Almshouses with Robert Mee. On 20th April Neil Kendrick will tell us about the history of the Jews in Nottingham. Both meetings are 2pm at Richard Herrod Centre.

For details of further meetings please see the calendar on Beacon – we have an exciting range of talks and visits arranged for 2026 and would be pleased to see you.

Andy Dixon

Family History - New Group!

- Are you hooked on the BBC programme “Who Do You Think You Are”?
- Have you already started your family tree or are you interested in starting your own?
- Can you offer help or tips on how you overcame hurdles?
- Would you just like to know more?

If you answered yes to any of these questions, this group is for you.

We aim to relaunch this group within the next few months and would like to invite anyone interested in helping out, or just wanting to find out more, to contact me in the first instance.

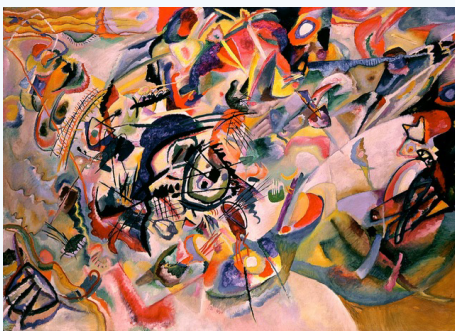
Sandra Stanley (Interest Groups Co-Ordinator)



Art Appreciation

In February we had our second meeting on the subject of paintings that show another art form. We began with **Kandinsky**, a Russian artist that lived from 1866 to 1944. He was an abstract painter who was concerned primarily with evoking a spiritual response to his art. He believed in a process called synaesthesia, which meant he could translate tones and chords into his paintings. He expressed these ideas in his painting *Composition V1*, painted in 1913.

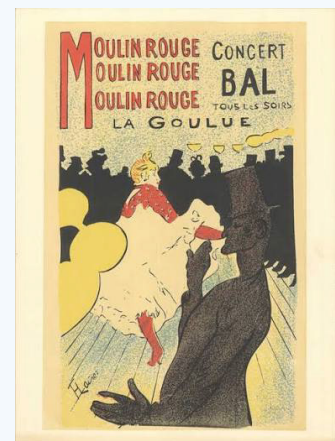
Our second painter was the local artist **Dame Laura Knight**, born in Long Eaton in 1877. She spent some years living in Staithes in Yorkshire, and then in Cornwall. Also, she spent six months travelling with a circus. This led to a series of paintings of clowns, which she did in 1929. Laura Knight was a painter in the figurative, realist tradition, and was known for painting among the world of theatre and ballet, as well as being a war artist in the Second World War. She died in 1970 at the age of 92.



Wassily Kandinsky



Dame Laura Knight



Henri Toulouse-Lautrec

Our last artist was **Henri Toulouse-Lautrec**, 1864-1901. He was a French painter and illustrator, who specialised in depicting the colourful life of Paris in the late 19th century. An accident when young left Lautrec short in stature. He was treated as an outcast during his adolescence and this gave him an empathy for those outside acceptable society. He is well-known for his posters, advertising events at various theatres, including the Moulin Rouge. His style of painting was influenced by Japanese woodblock prints and Art Nouveau. He elevated advertising posters into high art. His poster for the theatre is of 'La Goulue', or Louise Weber, its star performer.

Christine Russell

Book Group - Review

The Beekeeper of Aleppo by by Christy Lefteri



This month we read *'The Beekeeper of Aleppo'* by **Christy Lefteri**. This is the second book by Lefteri, a university teacher of creative writing. She based it partly on her experience working as a volunteer at a UNICEF-supported refugee centre in Athens, where one of the refugees she met was a beekeeper.

It follows a family from war torn Syria, through the eyes of Nuri (the husband) who is a beekeeper. They are reluctant to leave Aleppo until their young son is killed, his wife loses her sight and his bees are destroyed. They finally set out to find his cousin, and fellow beekeeper, and his family in England.

It takes us through the difficult experiences of their long journey, though some of us felt that the reality of such a journey was portrayed as being relatively easy due to their wealth. Nuri displays elements of confusion such as finding a child and then losing him in Athens. It is only later that we realised that this child is a figment of his imagination caused by post-traumatic stress disorder.

Most of our readers felt the characters were believable although there was a lack of historical background to the Syrian war – it was felt that Nuri probably knew very little about the causes. The book illustrated extremes of behaviour among the characters and we found it both thought provoking and an insight into a different world.

Andy Dixon



Theatre Visits

Please pay at the general meeting

Wagner's Siegfried: Royal Opera broadcast, 2pm Sunday 5th April, Bonington Theatre, £12.50. Raised by a scheming dwarf and unaware of his true family origins, a young man embarks on an epic journey. Soon, destiny brings him face-to-face with a shattered sword, a fearsome dragon and a Valkyrie forced into enchanted slumber. **Organiser:** Paul Martinez

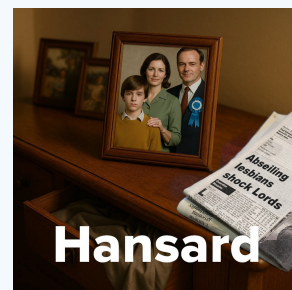
Wagner's Lohengrin, Teatro dell'Opera di Roma broadcast, 4.30pm, Sunday 12th April, Bonington Theatre, £6 (**yes, that's £6!**) Lohengrin is a Knight of the Holy Grail sent to defend the honour of the Duchess of Brabant. He can protect her but there is a condition: she must never ask him his name nor question anything about his identity. **Organiser:** Paul Martinez

The Magic Flute: Royal Opera broadcast, 2pm Sunday 26th April, Bonington Theatre, £12.50. Mozart's fantastical opera glitters in David McVicar's enchanting production. **This is a great introduction if you are new to opera.** **Organiser:** Paul Martinez



Small Island: 1.30pm Saturday 2nd May 2026, Nottingham Playhouse, £14.50. Journey from the sun-drenched shores of Jamaica to the cold, grey streets of 1940s London in Small Island, a powerful and intimate portrayal of Andrea Levy's multi award-winning novel. **Only three tickets left!** **Organiser:** Carolyn Broadhurst

Hansard 2.30 pm, Saturday 2nd May, Lace Market Theatre, £13. MP Robin and his wife Diana's marriage has become increasingly rocky over the years. Here, personal and political issues come to a head. This is at heart a very human story, inexorably driving its way to a devastating conclusion. But perhaps from the ruins that are left, there is hope for healing to begin. **This is an intimate production in the Lace Market Studio and we have the last tickets for this performance.** **Organiser:** Janet Whitchurch



Eugene Onegin: NY Met Opera broadcast, 6pm Tuesday 5th May, Bonington Theatre, £12.50. The Met's evocative production, "offers a beautifully detailed reading of Tchaikovsky's lyrical romance" (*The Telegraph*). **Organiser:** Paul Martinez

Barnum: 2.30pm Thursday 28th May, Nottingham Playhouse, £22.50. Step right up and enter the dazzling world of P. T. Barnum, where imagination and ambition know no bounds. This spectacular production will feature an extraordinary ensemble cast of over 20 actor-musicians, acrobats and amazing circus acts. **Only five tickets left!** **Organiser:** Carolyn Broadhurst

Playboy of the Western World National Theatre broadcast, 7pm, Thursday 28th May, Bonington Theatre, £10. Pegeen Flaherty's life is turned upside down when a young man walks into her pub claiming that he's killed his father! **Organiser:** Paul Martinez

Theatre Review

Review of “Things I know to be True” at The Lace Market Theatre (February 2026)

I am not ashamed to say I cried at least twice during this play. It is an extremely beautiful and moving play about family relationships and I am sure most, if not all, of the audience would have had empathy with a lot of the action.

“Things I know to be True” is a family drama capturing the painful reality of themes such as sexuality, identity, life goals and even some crime. People aren’t perfect even the ones you love. We have a strong-willed mother negotiating motherhood, her own ambitions and her marriage. Father has recently retired and other than his garden has little focus in life. Certainly, if you think your family life is fraught, sharing time with this family will make you realise your domestic concerns are pale in comparison. Each of the four adult children present with their own problems; each very different but well known to us all.

Again, a first-class production by the Lace Market Theatre. You could have heard a pin drop in the final moments!

Janet Witchurch

Donate Bras for ‘Against Breast Cancer’ Charity

At the March General Meeting on 19th March, we will again be collecting bras for the Against Breast Cancer charity, which is a charity supported by Mapperley Social Club.

Any bra is acceptable and if you bag it/them and add that to our bucket, we will take them up to the Mapperley Social Club after the meeting.

If you have bras to donate but cannot get to the General meeting, if you attend one of the many groups before that date you could ask your convenor or a friend whether they’re going to the General Meeting, as they may be able to take them there for you.

Thank you.

Theresa Storey



Classical Music Appreciation

Antonio Sacchini (1730-1786) and Wolfgang Amadeus Mozart (1756-1791)

In our February meeting, Andy Jackson introduced us to an Italian composer who is largely forgotten nowadays, Antonio Sacchini, who studied in Naples and lived in Rome, Venice, Munich, Stuttgart, London and Paris. In Paris he was under the patronage of Marie Antoinette and produced his best opera, *Oedipe à Colone* (1786), just before he died. In fact, Sacchini wrote about 50 operas as well as 2 symphonies, chamber music and a large quantity of sacred choral music, but it is as an opera composer that he is largely remembered for today, if at all.

Unfortunately, very little of Sacchini's large output has been recorded, so Andy played excerpts from two of his operas available on YouTube (the above-mentioned *Oedipe à Colone* and *La Contadina in Corte*) and an oratorio entitled *L'abbandono delle ricchezze di San Filippo Neri*, and contrasted these with works by Mozart, Sacchini's younger contemporary.

We heard an aria from Mozart's early opera *Ascanio in Alba*, which was very florid with lots of coloratura singing and then we listened to excerpts from two of Mozart's mature operas, *The Magic Flute* and *The Abduction from the Seraglio*, where his musical language had advanced to such an extent that he took the art form to a new higher level.



Thank you, Andy, for introducing us to a composer who most of us had never heard of, let alone heard any of his music. Just a shame that more of Sacchini's music isn't available to enjoy today.

Colin Jones

Thank You

The Carlton & Gedling u3a relies on its volunteers, including committee members, editorial team, web editor, Beacon administrator, group convenors, secretaries and many more. You are all contributing your time and energy to make sure members can get together to have fun and learn something new. Our sincere thanks.



Diary : MARCH 2026

Date	Time	Group	Meet at	Contact	
16	Mon	10:00	French Conversation	Mapperley Golf Club	Annabell 07900 067 144
16	Mon	10:00	Table Tennis	Netherfield Forum	Andrea 07527 090 324
16	Mon	14:00	Art Appreciation	A member's house	Christine 0115 953 6725
17	Tue	14:00	Local History	Richard Herrod Centre	Andy 07753 287 562
17	Tue	14:00	Rummikub	Richard Herrod Centre	Lynne 07771 801 957
18	Wed	10:00	Creative Appliqué	Loco Centre	Jackie 07708 035 311
18	Wed	10:00	Ukulele	St Georges Centre	Richard 07514 212 134
18	Wed	12:00	Grouchy Girls	The Willowbrook	Jennifer 07906 735 885
18	Wed	14:00	Bonsai Improvers	A member's house	Paul 07305 071 206
18	Wed	14:00	Bridge	Richard Herrod Centre	Mick 07749 325 315
18	Wed	14:00	Walk Fit - To Music	St Georges Centre	Sandra 07826 039 733
19	Thu	10:30	General Meeting	Carlton Pentecostal Church	Mark 07826 629 063
20	Fri	09:45	Singing for Pleasure	St Georges Centre	Sheila 07703 755 906
20	Fri	10:00	Drama	Carlton Fire Station	Jane 07825 775 213
20	Fri	14:00	Canasta	Richard Herrod Centre	Lynne 07771 801 957
20	Fri	15:00	Ale, Lager and Cider tasting		Richard 07514 212 134
21	Sat	10:00	Cycling For Fun	Jct of Burton Rd and Conway Rd	Sue 07780 449 894
23	Mon	10:00	French for Fun	Mapperley Golf Club	Brian 07724 801 115
23	Mon	10:00	Sewing	Carlton Fire Station	Susan 07708 471 023
23	Mon	10:00	Table Tennis	Netherfield Forum	Andrea 07527 090 324
23	Mon	14:00	Tai Chi	Colwick Community Centre	Jan 07496 999 808
23	Mon	17:00	Film Study	Zoom Meeting	Sue 07791 358 143
24	Tue	10:00	Science & Technology	Carlton Fire Station	Janet 07813 462 081
24	Tue	10:30	Committee Meeting	Manor Green Community Room	Mark 07826 629 063
24	Tue	12:00	Out to Lunch	Portobello	Maggie 07554 518 444
25	Wed	09:00	The Deep Hull	Richard Herrod Centre	Teresa Storey /Jane Bemrose
25	Wed	10:00	Making Music For Fun	Loco Centre	Richard 07514 212 134
25	Wed	14:00	Bridge	Richard Herrod Centre	Mick 07749 325 315
25	Wed	14:00	Walk Fit - To Music	St Georges Centre	Sandra 07826 039 733
26	Thu	09:00	Striders Walking	Meet at Ranmoor Road car park	Brian 07814 628 190
26	Thu	10:00	Coffee Morning	Portobello	Maggie 07554 518 444
26	Thu	10:00	Strollers Walking	Meet at the start of the walk	Paul 07305 071 206
26	Thu	14:00	Card & Board Games	St Georges Centre	Maggie 07554 518 444
26	Thu	16:00	Newsletter Deadline		
26	Thu	17:00	Pickleball	Carlton Forum Leisure Centre	Coleen 07450 938 777
27	Fri	12:00	Grumpy Old Men	St Georges Centre	Ian 0115 911 4681
27	Fri	14:00	Canasta	Richard Herrod Centre	Lynne 07771 801 957
27	Fri	14:00	Creative Writing	St Georges Centre	Coleen 07450 938 777
28	Sat	10:00	Cycling For Fun	Jct of Burton Rd and Conway Rd	Sue 07780 449 894
30	Mon	10:00	Table Tennis	Netherfield Forum	Andrea 07527 090 324

Diary : APRIL 2026

	Date	Time	Group	Meet at	Contact
1	Wed	10:00	Creative Appliqué	Loco Centre	Jackie 07708 035 311
1	Wed	10:00	Opera Study	Zoom Meeting	Paul 07305 071 206
1	Wed	10:00	Singing for Pleasure	St Georges Centre	Sheila 07703 755 906
1	Wed	10:00	Ukulele	St Georges Centre	Richard 07514 212 134
1	Wed	14:00	Bonsai Beginners	A member's house	Paul 07305 071 206
1	Wed	14:00	Bridge	Richard Herrod Centre	Mick 07749 325 315
1	Wed	14:00	Walk Fit - To Music	St Georges Centre	Sandra 07826 039 733
2	Thu	14:00	Alternative Book Club	Manor Green Community Room	Gill 07802 700 852
2	Thu	16:30	Indoor Bowls	Richard Herrod Centre	Mick 0115 987 4239
3	Fri	10:00	Drama	Carlton Fire Station	Jane 07825 775 213
3	Fri	14:00	Canasta	Richard Herrod Centre	Lynne 07771 801 957
3	Fri	14:00	Spanish for Fun	Carlton Fire Station	Mark 07826 629 063
4	Sat	10:00	Cycling For Fun	Jct of Burton Rd and Conway Rd	Sue 07780 449 894
5	Sun	14:30	Theatre	Bonington Theatre	Paul 07305 071 206
6	Mon	10:00	French Conversation	Mapperley Golf Club	Annabell 07900 067 144
7	Tue	09:50	Photography	Meeting Place TBA	Mike 07762 182 898
7	Tue	14:00	Book Club	Carlton Fire Station	Maggie 07951 299 113
8	Wed	10:00	Discussion / Debate	Carlton Pentecostal Church	Coleen 07450 938 777
8	Wed	10:00	Making Music For Fun	Loco Centre	Richard 07514 212 134
8	Wed	14:00	Bridge	Richard Herrod Centre	Mick 07749 325 315
8	Wed	14:00	Walk Fit - To Music	St Georges Centre	Sandra 07826 039 733
9	Thu	10:00	Coffee Morning	Portobello	Maggie 07554 518 444
9	Thu	11:00	Ten Pin Bowling	Nottingham Bowl	Brenda 0115 962 5757
9	Thu	14:00	Card & Board Games	St Georges Centre	Maggie 07554 518 444
9	Thu	15:15	Art	Carlton Fire Station	Linda 07958 012 544
9	Thu	17:00	Pickleball	Carlton Forum Leisure Centre	Coleen 07450 938 777
10	Fri	10:00	Bird Watching	Meet at the venue	Helen 07846 079 721
10	Fri	10:00	Knit & Stitch	The Bread and Bitter	Jackie 07971 973 120
10	Fri	12:00	Grumpy Old Men	St Georges Centre	Ian 0115 911 4681
10	Fri	13:30	Craft	Loco Centre	Pat 07918 665 322
10	Fri	14:00	Canasta	Richard Herrod Centre	Lynne 07771 801 957
11	Sat	10:00	Cycling For Fun	Jct of Burton Rd and Conway Rd	Sue 07780 449 894
11	Sat	13:00	Wild Weekenders	The Willowbrook	Coleen 07450 938 777
12	Sun	16:30	Theatre	Bonington Theatre	Paul 07305 071 206
13	Mon	10:00	Classical Music Study	A member's house	Colin 07881 289 298
13	Mon	10:00	French for Fun	Mapperley Golf Club	Brian 07724 801 115
13	Mon	10:30	Greenfingers	Gedling Road Methodist Church	Nicola 07794 368 566
13	Mon	12:00	Out to Lunch	The Gedling Inn	Maggie 07554 518 444
13	Mon	14:00	History Study	Richard Herrod Centre	Lynne 07771 801 957
13	Mon	14:00	Tai Chi	Colwick Community Centre	Jan 07496 999 808
14	Tue	09:30	Five Miles and a cup of tea	Meet at Ranmoor Road car park	David 07549 132 066
14	Tue	14:00	Poetry Appreciation	A member's house	Lyn 07305 144 102
15	Wed	10:00	Creative Appliqué	Loco Centre	Jackie 07708 035 311
15	Wed	10:00	Transport	The Bread and Bitter	Ken 07584 835 479
15	Wed	10:00	Ukulele	St Georges Centre	Richard 07514 212 134
15	Wed	12:00	Grouchy Girls	The Willowbrook	Jennifer 07906 735 885
15	Wed	14:00	Bonsai Improvers	A member's house	Paul 07305 071 206
15	Wed	14:00	Bridge	Richard Herrod Centre	Mick 07749 325 315
15	Wed	14:00	Walk Fit - To Music	St Georges Centre	Sandra 07826 039 733
16	Thu	10:30	General Meeting	Carlton Pentecostal Church	Mark 07826 629 063
17	Fri	10:00	Drama	Carlton Fire Station	Jane 07825 775 213
17	Sat	14:00	Canasta	Richard Herrod Centre	Lynne 07771 801 957
17	Sat	15:00	Ale, Lager and Cider tasting		Richard 07514 212 134
18	Sat	10:00	Cycling For Fun	Jct of Burton Rd and Conway Rd	Sue 07780 449 894